

CAMPS, CLINICS & PROGRAMS



CTR Soccer can provide your club with any and all of the following services:

Recreation Training, Travel Team Training & Coaching, Goalkeeper Training, Speed & Agility Training, Soccer-Specific Performance Training (Small Group & Private), Winter Indoor Training, Futsal Training, Coaching Education, High School Camps & Clinics, Team Camps, Travel Club Tryouts and Evaluations Ages 4-23 years of age

NOTE: All programs are completely customizable to fit your club's needs.



CTR Soccer provides local travel and recreation programs with a large staff of professional, highly trained, experienced trainers and coaches. We train in high quality facilities (indoor and outdoor) year-round with customized individual, team and club training programs where players along with coaches have vast development opportunities.

CTR Soccer offers completely personalized programs for local township clubs, recreation organizations, high school programs and runs personal as well as small group training through seasonal camps and clinics. Our focus and foundation is solely on player development at the grass roots level.



TH AND POWER • IMPROVE FLEXIBILITY AND BALANCE • DEVELOP MENTAL TOUGHNESS



SPEED & AGILITY TRAINING

Focused training to help develop speed, agility, balance, coordination and strength explosiveness. Beneficial for players of all ages. Individual and small-group training available. Age-appropriate intensive instruction that is perfect for players looking for additional training opportunities



COACHING CLINICS

Facilitated by the most experienced CTR staff this hands-on parent coach training is promoted by the NSCAA. Introduces parent coaches to technical and tactical exercises to improve player development. Includes drills, exercises, coaching philosophies and tactics. Instruction is progressive while being age-appropriate.



SUMMER SELECT & SUMMER TEAM CAMPS

Advanced playing programs with condensed summer development. Continues team development through summer which allows players to compete at higher levels with different talent.

Preseason training for the start of the fall season and year-round training program. Skill-specific circuit training with different coaching philosophies that build individual skill levels with team chemistry. Progressive and age-appropriate instruction with a competition-based curriculum.

HIGH SCHOOL PREP CAMPS

Customized high school preparation training that focuses on individual fitness and technical skills. This prepares high school athletes for the expectations and competitiveness of their HS programs.
GREAT AS A PROGRAM FUNDRAISER



TEAM TRAINING & COACHING

Extensive, curriculum-based team instruction with technical and tactical training. Age-appropriate and progressive training that is a year-round intensive program. Develops individual as well team skills along with chemistry and cohesion.



PRIVATE, SMALL-GROUP TRAINING

Designed to provide additional instruction and training outside of team training. More intensive with focused instruction on smaller player to coach ratio. Tailored to address the needs of the player or group. Perfect for players looking for additional training opportunities.

RECREATION PROGRAM TRAINING

Age appropriate, curriculum specific training. Focused on enjoying the game and player pool development structure.



SEASONAL CLINICS

Position and skill specific to develop a players game speed and mentality with individual or group training available. Progressive and age appropriate instruction.

GOALKEEPER TRAINING

Specific to the training needs and development of the goalkeeper position. Includes all aspects of goalkeeping, from foot skills, ball skills, hand/eye coordination, to speed and agility. Age-appropriate and intensive individual or small- group training.

